**Sea Kayaking Equipment List:**

Overlake will provide boats, dry bags, paddles, lifejackets, sprayskirts, and paddling jackets.

Camping: We provide tents, cooking stoves and pots.

Students need to bring the following, all which will be repacked into provided drybags:

- ___ sleeping bag (synthetic, +20 deg.)
- ___ sleeping pad (Therm-a-rest)
- ___ 1 waterbottle, one full for the van ride
- ___ plastic bowl (big enough to hold a dinner, Tupperware w/ lid works great)
- ___ mug
- ___ fork, knife, spoon
- ___ tennis shoes/comfy shoe for around camp (sandals ok, no flip-flops)
- ___ sandals for when kayaking (or can borrow neoprene booties from Overlake)
- ___ bathing suit and small towel
- ___ long underwear top and bottoms (non-cotton)
- ___ 1 fleece jacket or wool sweater
- ___ 1 pair of warm pants (fleece/wool)
- ___ 1 light rain coat
- ___ rain pants
- ___ 1 T-shirt
- ___ 1 pair shorts
- ___ 1 pair of shorts to get wet (shorts that dry easily i.e. no cotton)
- ___ 2 pair warm socks
- ___ underwear
- ___ toiletries
- ___ sun-hat and waterproof sunscreen
- ___ wool/fleece hat and gloves/mittens
- ___ sunglasses
- ___ flashlight or headlight and spare batteries
- ___ camera (optional)

**Basic Information:** Please be respectful of trip equipment needs and follow them carefully. We cannot run a safe trip if the participants are ill-prepared. Most importantly do not leave out items that are on a list because you feel they may not be necessary. We think carefully about every item that is mentioned in the equipment list above.