More Suicide Prevention Resources

Crisis Chat

Crisis Text Line - text 741741

<u>Forefront</u> - A collaboration of departments at UW, Forefront is a leading voice in suicide prevention in the area and with national recognition. From articles, to blogs, to notices of area training, this website is a great place to find current information.

<u>Safer Homes Coalition</u> - Information on firearm safety and suicide prevention in the home.

<u>Society for the Prevention of Teen Suicide</u> - Website contains both parent and teen sections, which could enable families to go through content together.

Suicide Prevention Resource Center

<u>Teenline</u> - A great resource online and support number to call, this program also has a section for parents.

<u>TeenLink</u> - resource for teens, by teens (available in the evening and weekends) or 1-866-833-6546.

<u>The Trevor Project</u> - A website and national programming specifically to support LGBTQ youth, who are at a higher risk of suicide.

Information on reporting tools on social media