

Learning Specialist Resource

Topic: 9 Scientific Study Tips

- 1) Study in small chunks- 20-30 minute study sessions over weeks
- 2) Don't pull all-nighters. Set specific time to study in a day.
- 3) In addition to highlighting, create graphic organizers or flashcards that make sense to you.
- 4) Set a goal for each study session.
- 5) Teach it to someone else.
- 6) Create a practice test and try it.
- 7) Designated sacred study space with all the materials you need.
- 8) Put away music unless it is classical.
- 9) Put away your phone and social media.

My goal for this week is to try

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