Learning Specialist Resource  
Topic: 9 Scientific Study Tips

1) Study in small chunks- 20-30 minute study sessions over weeks  
2) Don’t pull all-nighters. Set specific time to study in a day.  
3) In addition to highlighting, create graphic organizers or flashcards that make sense to you.  
4) Set a goal for each study session.  
5) Teach it to someone else.  
6) Create a practice test and try it.  
7) Designated sacred study space with all the materials you need.  
8) Put away music unless it is classical.  
9) Put away your phone and social media.

My goal for this week is to try

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