

### **Sea Kayaking Equipment List:**

Overlake will provide boats, dry bags, paddles, lifejackets, sprayskirts, and paddling jackets.

Camping: We provide tents, cooking stoves and pots.

Students need to bring the following, all which will be repacked into provided drybags:

- \_\_\_ sleeping bag (synthetic, +20 deg.)
- \_\_\_ sleeping pad (Therm-a-rest)
- \_\_\_ 1 waterbottle, one full for the van ride
- \_\_\_ plastic bowl(big enough to hold a dinner, Tupperware w/ lid works great)
- \_\_\_ mug
- \_\_\_ fork, knife, spoon
- \_\_\_ tennis shoes/comfy shoe for around camp (sandals ok, no flip-flops)
- \_\_\_ sandals for when kayaking (or can borrow neoprene booties from Overlake)
- \_\_\_ bathing suit and small towel
- \_\_\_ long underwear top and bottoms (non-cotton)
- \_\_\_ 1 fleece jacket or wool sweater
- \_\_\_ 1 pair of warm pants (fleece/wool)
- \_\_\_ 1 light rain coat
- \_\_\_ rain pants
- \_\_\_ 1 T-shirt
- \_\_\_ 1 pair shorts
- \_\_\_ 1 pair of shorts to get wet (shorts that dry easily i.e. no cotton)
- \_\_\_ 2 pair warm socks
- \_\_\_ underwear
- \_\_\_ toiletries
- \_\_\_ sun-hat and waterproof sunscreen
- \_\_\_ wool/fleece hat and gloves/mittens
- \_\_\_ sunglasses
- \_\_\_ flashlight or headlight and spare batteries
- \_\_\_ camera (optional)

Basic Information: Please be respectful of trip equipment needs and follow them carefully. We cannot run a safe trip if the participants are ill-prepared. Most importantly do not leave out items that are on a list because you feel they may not be necessary. We think carefully about every item that is mentioned in the equipment list above.