

Kayaking Packing List – Day Trip

___ 2 full waterbottles

___ rain jacket

___ rain pants

___ warm fleece or non-cotton jacket

___ hat and gloves

___ sunglasses / sunscreen

___ small backpack to carry these items (empty school pack works well)

Students should wear:

___ sandals or watershoes – old tennis shoes works great (Overlake can provide neoprene booties)

___ shorts if warm or non-cotton pants if cool and rainy

___ T-shirt is sunny or lightweight polypro shirt if cool/rainy

___ non-cotton socks

-----Do not wear cotton jeans, cotton sweatpants or sweatshirts!!!!