

Hiking Packing List

___ lunch and snacks

___ 2 full waterbottles

___ rain jacket / pants

___ warm fleece or non-cotton jacket

___ hat and gloves

___ sunglasses / sunscreen

___ small backpack to carry these items (empty school pack works well)

Students should wear:

___ hiking shoes or sturdy running shoes

___ shorts if warm or non-cotton pants if cool and rainy

___ T-shirt if sunny or lightweight polypro shirt if cool/rainy

___ non-cotton socks