



OVERLAKE

CARDIAC SCREENING

Overlake is excited to be partnering with the UW Medicine Center for Sports Cardiology to bring baseline Electrocardiogram (ECG) cardiac testing to Overlake students this school year. ECG is a simple test that observes heart rhythm and can screen for potentially fatal abnormalities, which could lead to Sudden Cardiac Arrest (SCA).

To register, the Student and Parent/Guardian will answer a heart history questionnaire on a secure survey platform.

www.bitly.com/OverlakeECGscreening. During the screening a baseline 12 lead ECG will be performed. This is a non-invasive test and is performed, in private screened areas by gender, by trained personnel. Data from the screening is sent via HIPPA secure technology and connections to the UW for interpretation by board certified physicians specializing in sports medicine and sport cardiology.

Cost for ECG screening is \$25 (Typically \$50+ in clinic) and will be billed to student accounts. The cost covers the screening test, supplies and interpretation of screening results by the Director of the UW Medicine Center for Sports Cardiology, Dr. Jonathan Drezner. Should the physician identify a potential issue, the family will be contacted directly by Kim Stevens who will share feedback and treatment recommendations provided by Dr. Drezner.

It is recommended that young athletes have ECG screenings completed every 2 years.

Concussion baseline testing also occurs every 2 years, beginning in 7th grade. It is recommended that all new students complete ECG and concussion testing prior to the start of their first sports season.

NEXT TESTING DATE: FEBRUARY 11th 2019
Location: Gym- Conference Room/AT Room
Time: 3:00pm-5:00pm

ECG INFORMATION

ECG is a 5 minute test which observes the electrical activity of the heart and can detect a variety of abnormalities and risk factors for Sudden Cardiac Arrest (SCA)

SCA is one of the leading cause of death in youth athletics

Half of SCA causing heart abnormalities can be detected on ECG

PLEASE CONTACT OVERLAKE ATHLETIC TRAINER, KIM STEVENS WITH ANY QUESTIONS OR IF YOU'D LIKE TO VOLUNTEER AT THE SCREENING.

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