

Resources from April 3 NDU Online Gathering



Below are links and descriptions of resources from the featured speakers Catherine Price, Stefanie Greenberg and Jay Heath

Let us know if you have questions and follow us:

- [Stefanie Greenberg](#)
- [Catherine Price](#)
- [Jay Heath](#)

INTERACTIVE AND/OR LIVE PROGRAMMING FOR KIDS

Mister John's Music -- interactive music classes for kids (pre-recorded, aimed toward 0-7 year-olds). Includes contemporary "artists of the week" such as Alicia Keyes, plus elements like drag queen storytimes (this is not your grandparents' kids' show!).

[Misterjohnsmusic.com/tvshow](https://misterjohnsmusic.com/tvshow)

(if it prompts for a password, enter CoronaTime)

Live ZOOM ROOM Story Times with Liz Filios:

A live, interactive storytime (with music, dancing, and even crafts) at 4:30pm EST every weekday, hosted by singer, actor and musician [Liz Filios](#).

The info to sign into is below:

<https://zoom.us/j/571469792>

Meeting ID: 571 469 792

From Liz:

If you or your kiddo would like to be a guest artist in the Zoom Room, email me! I'm always thrilled to bring new friends onto the show! And if you'd like to learn more about this project, and support the artists making it happen, please visit:

<https://www.patreon.com/lizfilios>

[Mo Willems](#), of "[Don't Let the Pigeon Drive the Bus](#)" and "Elephant and Piggie" fame, is hosting "lunchtime doodles" at 1 p.m. EDT

Starting April 3, "Dog Man" author Dav Pilkey will have activities and read alouds each Friday morning. Pilkey's activities can be found on the Scholastic and at the [Library of Congress](#) websites.

Jarret J. Krosoczka, author of the "Lunch Lady" graphic novel series and the National Book Award finalist "Hey, Kiddo," is hosting daily drawing webcasts [on YouTube](#) at 2 p.m. EDT for all ages.

Author and illustrator Grace Lin ("Big Mooncake for Little Star") is posting tutorials and readings on [her YouTube channel](#).

[Khan Academy](#) is a great, free resource for instructional videos on many topics.

[Mystery Science](#) is offering free science lessons during school shutdowns.

[TED-Ed](#) has video lessons and series by top educators, made into animated videos for kids.

[The Kennedy Space Center](#) is having live presentations on Mondays, Wednesdays and Fridays on Facebook Live at 9:30 a.m. EDT for younger children, and 1 p.m. for young adults.

[NPR's Ari Shapiro](#) is hosting weekly classes on current events, with an assignment Monday and discussion Thursday.

[Sesame Street](#) is offering special resources during the crisis, including a virtual hug from Elmo and animations about washing hands and caring for each other.

OTHER RESOURCES FOR CHILDREN:

Great round-up of educational resources online:

https://wideopenschool.org/?j=7723549&sfmc_sub=168711387&l=2048712_HTML&u=144169164&mid=6409703&jb=243&utm_source=WOS_announcement_20200331&utm_medium=email

Audiobooks and podcasts! Literally hours' worth of screen-free entertainment for kids.

A roundup of podcasts from Common Sense Media:

<https://www.commonsensemedia.org/blog/the-best-podcasts-for-kids>

The Global Online Academy (GOA) is a leading organization in online school and online pedagogy and has been helping schools figure this all out during these challenging times. Their [COVID-19 resources](#) offer many helpful tools and resources for educators.

Helpful infographic for students to be a [successful online learner](#).

RESOURCES FOR ADULTS:

Links to Catherine Price webinars, the subjects of which were "How to Stop Compulsively Checking the News" and "How to Create Screen/Life Balance when Your Entire Life Has Shifted Onto Screens."

screenlifebalance.com/quarantinechats

Screen Life Balance newsletter Catherine wrote about how to be more intentional about screen time:

<https://mailchi.mp/screenlifebalance/todays-suggestions-for-staying-sane-while-self-isolating-3900338?e=ea9ec299b2>

CLS Blog post with tips

<https://www.creativelearningstudio.net/new-blog/jw2he8dt7cw7elxwmxn82z36wekrf>

Lilspace Unplug for a Cause™ timer app to use incentives and count minutes unplugged. Visit the website to download the app <http://www.getlilspace.com/>

Live Dance Classes (suitable for adults or kids with bedtimes after 8pm!) (free, with suggested donation): virtualdanceusa.com

Research-based guidelines for Screen Use for Children Under Three Years Old:
https://nyspep.org/application/files/4015/0005/1044/Screen_Sense_-_White_Paper.pdf

FROM OUR ZOOM GATHERING 4/3

BOOK: [Fair Play: A Game-Changing Solution for When You Have Too Much to Do](#) (and More Life to Live) by Eve Rodsky

BOOK: [Bored and Brilliant: How Spacing Out Can Unlock Your Most Productive and Creative Self](#) by Manoush Zomorodi

BOOK: [How To Break Up With Your Phone](#) by Catherine Price

BOOK: [30 Day Blackout](#) by Stacy Jagger

PRODUCT: [Goal Crazy Planner](#)

[Link to Catherine's Quarantine Challenge journal prompts](#)

if you sign up at ScreenLifeBalance.com you'll get a download link, which you should feel free to share

PRODUCT: [Time To Unplug Kit](#) featuring Catherine Price's book "How To Break Up With Your Phone"-- use code UNPLUGGED15 for 15% off

Adulting Skills: [Adulting Inventory Rubric](#)