Athletics

MS Boys Ultimate



Boys Ultimate will begin the week of March 4th

Practice/Game days - Monday, Wednesday, and Friday

The game schedule for each team will be available at the start of the season and available to view in the Veracross calendar for each player/family.

Practice time is from 3:00 - 4:30.

Home games will start at 3:30. Away game locations and start times will vary.

Required equipment - Athletic and weather-appropriate clothing.

Optional equipment - Cleated shoes are not required but strongly recommended.

Uniforms: The school will issue uniforms and expect them to be returned at the end of the season.

Coaches

Connor Middleton
MS Boys Ultimate Green Team Coach
cmiddleton@overlake.org

Aime Ngandu
MS Boys Ultimate White Team Coach
angandu@overlake.org

Ashliegh Roth
MS Boys Ultimate Gold Team Coach
aroth@overlake.org