Athletics

MS Boys Lacrosse



Boys Lacrosse will begin the week of March 4th

Practice days - Tuesday and Thursday

Practice time is from 3:00 - 4:30.

Player eligibility: In compliance with Boys Lacrosse League rules - boys can play lacrosse for Overlake and for a local club team, as Overlake does not have a team playing in the GELL this year.

Required equipment - Helmet (Which will be issued by the school), Shoulder pads (school can issue if you don't have them), Glove,boys lacrosse stick (school can provide if needed), mouth guard, and protective cup.

Optional equipment - Cleated shoes are not required but strongly recommended. A soccer-style cleat will work the best.

Uniforms: The school will issue uniforms and expect them to be returned at the end of the season.

Practice schedules can be found on the Veracross Portal calendar.

Coaches

Chap Grubb
MS Boys Lacrosse Intramural Coach
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