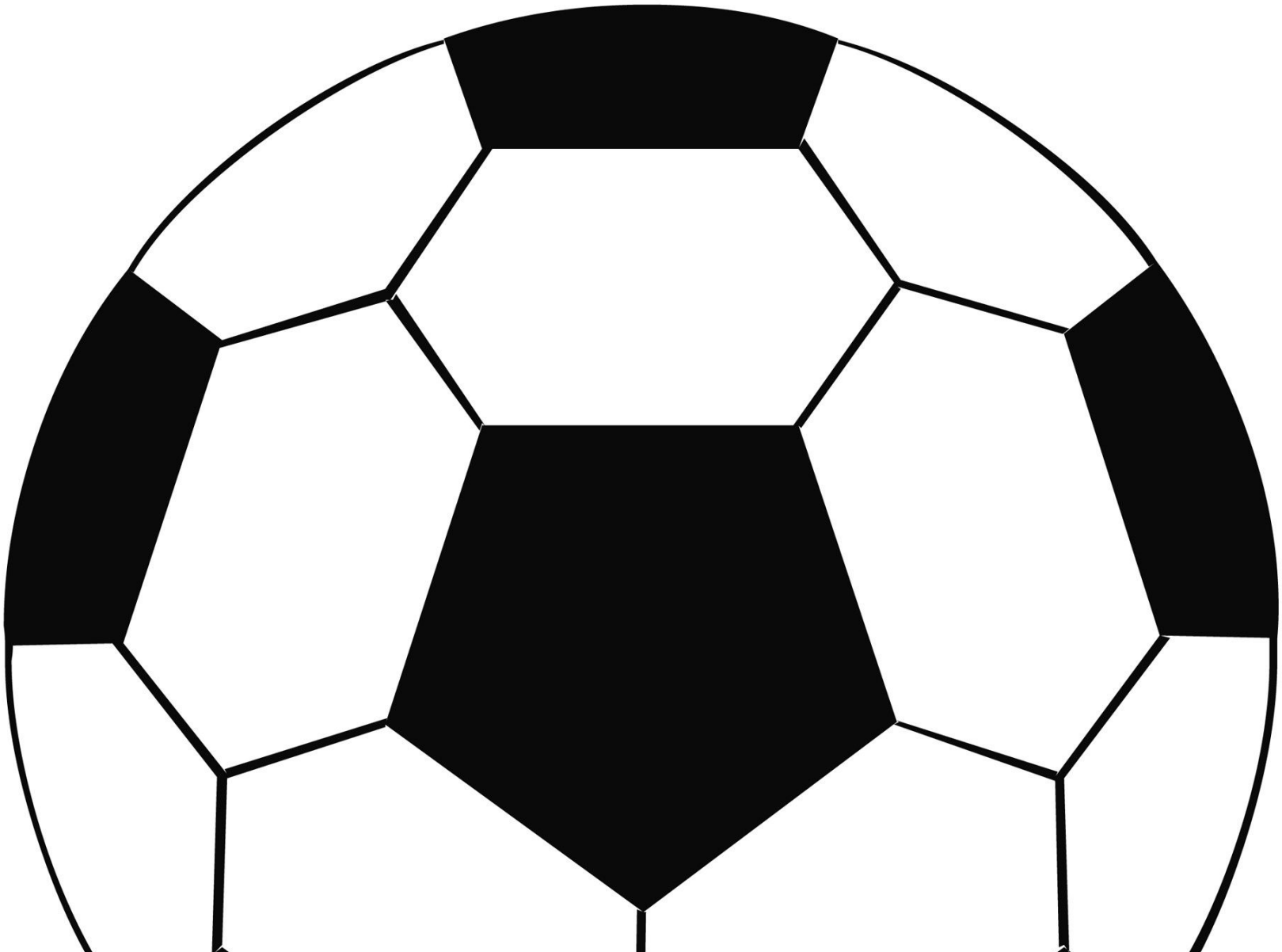
Athletics

MS Girls Soccer (5th to 8th-Grade)



Our soccer program has two different components: an interscholastic program (where players play against other schools) and an intramural program (where players play against other Overlake MS players).

The interscholastic program is available to players in 5th-8th grade. We expect to have one or possibly two teams this year, and we're playing both home and away games against other teams from the Cross Town Middle School League. Teams are created using an evaluation process that occurs during the first three days of soccer practice. Based on what is demonstrated during those three days, this evaluation process will place girls on the most appropriate team. Factors that will be considered during those three days are the ability to listen and follow directions, demonstrated effort, overall soccer skill/knowledge, respect for other players, and a demonstrated ability to be a good teammate. Should a player not be selected for a team,

they are welcome and encouraged to play with our Intramural program.
This team's contact days Tuesday, Thursday, and Friday. Normal practice time is from 3:00 to 4:30.

Game Schedule

What will every player need:

1. Clothing appropriate for the day
2. Shin guards
3. A pair of soccer socks to cover the shin guards

4. Soccer cleats (optional for the small-sided program)
5. Water Bottle
6. Willingness to learn and be a good teammate

You can register for soccer by sending an email to Alicia Gold (**algold@overlake.org**) or Mike Fine (**mfine@overlake.org**)

Coaches

Chrissy Wakeling
cwakeling@overlake.org