

Athletics

US Girls Basketball



Head Coach: **Rick Nelson** (4th Year)

First Day of Practice: Monday, November 17, 2025

Game Schedules:

Varsity

JV

Varsity Standings - Please note the playoff schedules will be released near the end of the regular season once finalized.

History and Tradition:

State Qualifier – 2000, 2002, 2004, 2006, 2019

League Champions – 2002, 2019

State Academic Champions – 2012

League Honors

2024-2025

Team Sportsmanship Award

2023-2024

Sadie Wickham - 2nd Team
Kristen Hwang - Honorable Mention
Team Sportsmanship Award
Rick Nelson - Coach of the Year

2022-2023

Kristin Hwang - Honorable Mention

2021-2022

Rachel Sapirstein - 1st Team
Addie Sapirstein - 2nd Team

Sadie Wickham - Honorable Mention

2021 (Spring Season)

Kaku Cosmos – Player of the Year

Mariam Cosmos – 1st Team

2019-2020

Mariam Cosmos – 2nd Team

Eliza Friend – 1st Team

Coach of the Year – Teron Sutherlin

Team Sportsmanship Award

2018-2019

Kaku Cosmos – MVP/1st Team

Mariam Cosmos – 1st Team

Eliza Friend – 1st Team

2017-2018

Kaku Cosmos – 1st Team

Eliza Friend – 1st Team

2013-2014

Katie Hill – 2nd Team

2012-2013

Katie Hill – 1st Team

Vanessa Rosato – 2nd Team

Coach of the Year – Sara Wilcox

2011-2012

Katie Hill – Honorable Mention

Team Sportsmanship Award

2010-2011

Team Sportsmanship Award

Coaches

Rick Nelson

Girls Varsity Basketball Head Coach

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