Athletics

US Girls Volleyball



Head Coach: **Mindy McGrath** (8th Season)
First Day of Practice: Monday, August 24, 2025

Game Schedules:

Varsity

JV

JVC

Varsity Standings - Please note the playoff schedules will be released near the end of the regular season once finalized.

History and Tradition:

State Qualifier – 2011, 2017, 2018, 2019, 2022

League Champions – 2000, 2017, 2018, 2019, 2021

State Academic Champions – 2003

League Honors

2025
Katie Mystlowski – 2nd Team

Team Sportsmanship Award

2024
Siyona Verma - 2nd Team

2023
Caroline Davis - 1st Team

2022

Ryma Patil- 1st Team

Sydney Martin - 2nd Team

Clara Sun - 2nd Team

Caroline Davis - Honorable Mention

2021

Diya Mishra - League MVP, First Team All-State, 1A State Player of the Year

Ryma Patil - 1st Team All-League, Honorable Mention All-State

Jasmine Jaiwani - 2nd Team

Clara Sun - 2nd Team

Mindy McGrath - Coach of the Year

2021 (Spring Season)

Diya Mishra – 1st Team

Sydney Goad – 2nd Team

Sofia Peniche – 2nd Team

Ivy Haight – 2nd Team

Coach of the Year – Mindy McGrath

2019

Sydney Goad

Marusia Levanidova – MVP

Diya Mishra

Ryma Patel – 2nd Team + Rookie of the Year

2018

Sydney Goad

Ivy Haight

Marusia Levanidova

Julia Steen

2017

Allie Kelly

Marusia Levanidova

Amanda Lin

Liv Sather + MVP

2015

Sara Kern – 2nd Team

Liv Sather – 2nd Team

Emma Ross Williams

2014

Sela Dragich – Honorable Mention

Carly Silvernale

Bela Tsilas – Rookie of the Year

Sakthi Vetrivel – 2nd Team

Emma Ross Williams – 2nd Team

2013

Carly Silvernale

Sakthi Vetrivel – 2nd Team

Emma Ross Williams – 2nd Team

2012

Vanessa Rosaato – 2nd Team

Carly Silvernale

Emma Ross Williams – Rookie of the Year

Coach of the Year – Scott Christopher

2011

Louise Chouinard – 2nd Team

Kirsten Parris – 2nd Team

Carly Silvernale – Honorable Mention

2010

Louise Chouinard – 2nd Team

Coaches

Mindy McGrath
Varsity Head Coach
mmcgrath@overlake.org

Regina Quiban
JV Head Coach
rquiban@overlake.org

Imari Clinton
JVC Head Coach
iclinton@overlake.org