

Athletics

## US Boys Ultimate





**Head Coach:** **Ben Ostman** (3rd Season)

**First Day of Practice:** Monday, August 25, 2025

**Game Schedules:**

**Varsity**

**JV**

**Varsity Standings** - Please note the playoff schedules will be released near the end of the regular season once finalized.

***History and Tradition:***

**State Qualifier: 2024**

**League Honors**

*2024*

All- Conference

Elliot Ku - 1st Team

Hank Davidson - 2nd Team

Reece Sun - 2nd Team

*2023*

All-Conference

Elliot Ku

Aidan Rodey

*2021*

Luke Taylor - 1st Team

*2019*

Gaurav Prasad – 2nd Team

*2018*

Gaurav Prasad – 1st Team

*2017*

Matt Gold – 1st Team

*2015*

Andrew Knox – Honorable Mention

*2014*

Team Sportsmanship Award

*2013*

Andrew Gold – 1st Team

*2012*

Carson Gullledge – Honorable Mention

*2011*

Cameron Krueger – Honorable Mention



## Coaches

**Ben Ostman**

***Boys Ultimate Varsity Head Coach***

[coachostman@overlake.org](mailto:coachostman@overlake.org)

**Ash Gilbert**

***Boys Ultimate Varsity Asst. Coach***

[coachgilbert@overlake.org](mailto:coachgilbert@overlake.org)

**Connor Middleton**

***Boys Ultimate JV Head Coach***

[cmiddleton@overlake.org](mailto:cmiddleton@overlake.org)